

Community Resilience Briefing – 4 November 2022

Dear Community Resilience Group/Community Council/Colleagues,

Welcome to The Highland Council's fortnightly briefing for groups with an interest in local community resilience.

Winter Vaccination Programme

- Public Health Scotland colleagues have recently translated information on the Covid and Flu vaccinations being offered as part of the Winter Vaccination Programme. This includes 36 community languages and British Sign Language versions, accessible here: [Other languages - winter vaccines | NHS inform](#)

Covid related information

- [Scottish Government Covid-19 Guidance](#)
- [NHS Inform Covid data](#)
- [NHS Inform Covid information and guidance](#)
- [NHS Highland local vaccination information](#) – this includes information on the winter Coronavirus (COVID-19) and Flu vaccination programme which is now underway.

Funding

[SCVO](#) is a key source of funding information for the third sector. Funds that may be of interest include:

- [National Lottery Awards for All Scotland](#)
This funds focus is on projects that either bring people together, improve important spaces to communities, enable people by addressing issues early, or involve the arts. Applications can be submitted at any time.
- [Edge Fund](#)
Supports small grassroots organisations that struggle to get funding elsewhere that are focused on creating a just, equitable, and sustainable world. Opens applications twice a year, next deadline 6 November.
- [Warburtons Community Funding](#)
Provides small grants to support charities which improve health, place, or skills for families in their communities. Next deadline 8 November.
- [Reaching New Scots Fund](#) - This funding opportunity is designed and managed by refugees in partnership with The National Lottery Community Fund. Groups can apply for grants of up to £30,000 for projects that support New Scots.

Welfare, poverty reduction and resilience

- **Money Counts Courses** – These courses aim to build staff confidence to offer income maximisation help to individuals with money worries. See the attached document for more information.
- **CyberScotland October News Update**
 - **Malware and Viruses** - It's not just a concern for businesses!
Read [our tips](#) to protect your computers, laptops, smartphones and tablets from the damage caused by viruses and other types of malware.
 - **Charity Essentials Charity Campaign, 7th - 18th November**
CyberScotland Partner, IASME, will be offering support and guidance as well as a discount on the price of certification, to help registered charities achieve Cyber Essentials. Visit <https://iasme.co.uk/cyber-essentials/cyber-essentials-for-charities/> for more information.

Mental Health and Wellbeing

- [NHS Highland Mental Wellbeing](#) – a collection of resources and signposts to help people of all ages to look after their own mental wellbeing.
- [Cost of living crisis and your mental health](#)
Many people are feeling the strain as the cost of living continues to increase. This [resource](#) provides information on how you can maintain your mental wellbeing at this time, alongside information on how to manage your money as bills rise.

Emergency Planning

- Met Office Weather Warnings - <https://www.metoffice.gov.uk/weather/warnings-and-advice/uk-warnings#?date=2022-11-04>
- Met Office Weather Ready <https://www.metoffice.gov.uk/weather/warnings-and-advice/weatherready>
- Floodline Scotland <https://floodlinescotland.org.uk/>
- Ready Scotland – preparing for emergencies <https://ready.scot/>